

(Encl to SS Bijapur Letter SSB/J/237EBSB/Trg
dt 11 August 2020)

**ADDENDUM TO REPORT ON THE ACTIVITIES CONDUCTED ON CELEBRATION OF
YOGA MAHOTSAV BY UTTAR PRADESH TOURISM**

Name of the Ministry / Department : Sainik Schools Society, Ministry of Defence

S. No	Nature of activities	Place/ Institution	Date	Number of Participants	Remarks, if any
1.	Conducted online activities to spread awareness about Yoga in school, Cadets and Teachers delivered speeches on the subject. Apart from this, online PT with emphasis on Yoga was conducted daily in the morning.	SS Ambikapur	21 Jun to 21 Jul 2020	-	
2.	(a) Yog Video Contest	SS East Siang	06 to 11 July 2020	44	
	(b) Write up on Yoga Contest			58	
	(c) Yog Art and Posture Contest		13 to 18 July 2020	63	
	(d) Yuva Debate Contest			40	
3.	(a) Yuva Voice of India Contest	SS Jhunjhunu	21 Jun to 21 Jul 2020	33	
	(b) Yog Art and Poster Contest			120	
	(c) Yuva Debate Contest			100	
	(d) Yog Video Contest			54	
	(e) Write up on Yog Contest			112	
4.	(a) A notice about the contest and events was held during the Yoga Mahotsav was uploaded on the school website.	SS Rewari	21 Jun to 21 Jul 2020	-	
	(b) On the class wise Whatsapp group information about the Yoga Mahotsav organized by Uttar Pradesh Tourism was shared with each cadet.				
5.	(a) Yoga Video	SS Rewa	11 to 17 Jul 2020	08	
	(b) Yoga Contest			03	
	(c) Yoga Art & Poster			12	
	(d) Yuva Dance			01	
	(e) Yuva Voice			03	
	(f) Yuva Tourism			01	
	(g) Yuva Debate			01	

[Signature]
Principal,
Sainik School, Bijapur

